DANCES OF UNIVERSAL PEACE
RETREAT

Equanimity

The Heart of Love

MARCH 20–22, 2026
EQUINOX

CASA DE LA CONDESA,
SAN RAFAEL DE HEREDIA

INTERNATIONAL GUEST:
DARVESHA VICTORIA

Danzas de Paz Universal
Costa Rica

@danzasdepazuniversalcr

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RETREAT

WE GATHER THIS EQUINOX TO SING, DANCE, AND PRAY TOGETHER. AS DAY AND NIGHT COME INTO PERFECT BALANCE, LET US ALSO CENTER OURSELVES IN CULTIVATING EQUANIMITY, THE HEART OF LOVE.

EQUANIMITY IS A STATE OF OPEN-HEARTEDNESS, PEACE, CREATIVITY, AND CLARITY — FREE FROM DOGMA, PREFERENCE, AND OPINION. IN THIS STATE, WE LIVE IN PERFECT BALANCE AND HARMONY. FROM HERE, WE CAN RESPOND TO THE IMMENSE CHALLENGES AND SUFFERING IN OUR WORLD WITH SKILL, WISDOM, AND COMPASSION. FROM HERE, WE CAN OFFER TRUE LOVE.

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OUR SPECIAL GUEST IS DARVESHA, WHO LIVES IN SILVER CITY, NEW MEXICO, USA, AND HAS SERVED AS CHAIR OF THE CURRENT DUP BOARD OF DIRECTORS SINCE JANUARY 2008. SHE WAS A MEMBER OF THE ORIGINAL BOARD OF DIRECTORS OF DPU INTERNATIONAL AT ITS FOUNDING IN 1987. SHE HAS TRAVELED EXTENSIVELY AROUND THE WORLD LEADING THE DANCES. HER MAIN FOCUS OVER THE PAST 15 YEARS HAS BEEN TO SPREAD THE DANCES THROUGHOUT LATIN AMERICAN COUNTRIES AND TO CULTIVATE LOCAL LEADERSHIP AND MENTORSHIP.

CO-FOUNDER OF WILDERNESS DANCE CAMP, DARVESHA IS A MURSHIDA IN THE SUFI RUHANIAT INTERNATIONAL, A SENIOR MENTOR OF THE DANCES OF UNIVERSAL PEACE, AND ALSO A FARMER AND BUDDHIST PRACTITIONER.

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TAKE ADVANTAGE OF THE EARLY BIRD DISCOUNT 🤝💸
✨ $120 ✨
(UNTIL JANUARY 15)

INCLUDES:
SHARED CABIN LODGING WITH PRIVATE BATHROOM INSIDE THE ROOM, MEALS FROM FRIDAY DINNER TO SUNDAY BREAKFAST, AND ALL ACTIVITIES.

RESERVE YOUR SPACE WITH $60, OR IDEALLY THE FULL AMOUNT TO AVOID MULTIPLE TRANSACTIONS.

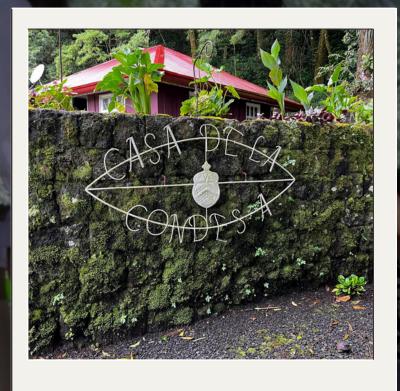$150 STARTING JANUARY 16, 2026.

FINAL PAYMENT DEADLINE: MARCH 15, 2025.

HOW TO RESERVE YOUR SPOT WITH:
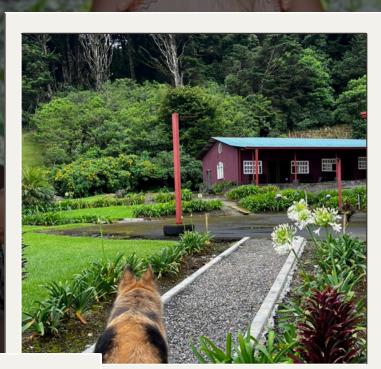ROSA.NURJAMILA@GMAIL.COM
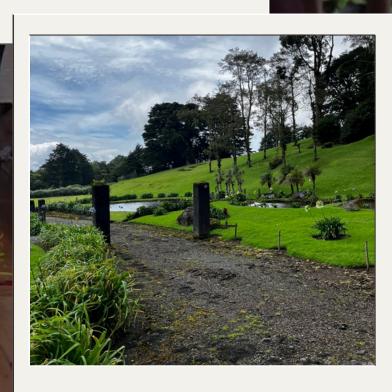WHATSAPP: (506)61418720

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Casa de la Condesa

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